

2013-ES-67
Ayuntamiento de Frómista

Accreditation	Sending organisation, Host organisation, Co-ordinating organisation
Approval Date	26/10/2013
Validity Date	26/10/2016
Location	Frómista (Spain)
Theme 1	Intergenerational activities
Theme 2	Urban/Rural development
Inclusion	Geographical difficulties

Project environment

Project environment:

PROFILE OF THE ORGANIZATION

Frómista is a town of 846 inhabitants, with a very high percentage of elderly people. The Town Hall wants to find solutions to decrease the rural depopulation, and resources to channel the expectations and concerns of the whole population, especially in the youth and children sector. Therefore, the Town Hall offers a range of services to avoid migration into the cities, by improving the quality of life for all sectors in the town, including a program of social and educational activities to provide them with personal and social skills.

SERVICES OFFERED:

1. One of the important services is to bring information to all young people in Frómista through the Youth Information Point, which is located in the Youth House, and furthermore develop actions of leisure time and trainings for the youth and children, including summer school, awareness days, excursions, cultural exchanges, etc.
- 2- Another service is to improve the quality of life of the elderly people in the Residence. Part of the volunteer's project title contains "Generation Exchange"; welcoming the volunteer in the Residence is a possibility to contribute to the jovial spirit of the volunteer, and on the other hand the affection of and experience with "our grandparents". Accompanying, comforting, supporting and listening to elderly people is our intention, giving the opportunity to open our borders, and that European citizens live together in a local community while they are aware of the culture and traditions that enrich the cultural identity of a region and people. Finally, the volunteer will bring to us a different culture. In this project, the elderly people of Frómista are the greatest protagonists of our history, storytellers, folklore, customs, ways of life, legends and traditions. In short, they are a real treasure of life.
3. Improving the tourism of our town through actions and projects so that Frómista becomes known worldwide, by participating in events and shows and further develop the services sector. Frómista is in the cross point between the caminos: Canal de Castilla-Camino de Santiago-Romanico, which brings us more than 60,000 visitors annually. Therefore, Frómista has a Municipal Tourism Office and several private businesses.
4. Bringing New Technologies to the public through the Telecenter: a place with free internet access. This place has ten computers and our philosophy is to offer new technologies to the people.

5. Every year, Frómista develops an intensive program of activities covering various areas of world culture, ranging from photography, dance, theatre, literature, painting, film and music to readings in the library. These activities contribute to the sociocultural development of the society and serve as a channel to proposals of cultural groups. All this is organized by the Culture House where the library is located.

6. The final activity is to provide service to the Kindergarten for children from six months to three years during the mornings. This enables the parents to combine work and family life.

7. There may be activities with seniors and people with disabilities (if it is appropriate, supporting, collaborating with the Foundation of S. Cebrian in their Centre of Day)

DESCRIPTION OF THE "PIJ YOUTH HOUSE"

The PIJ "Youth House" is located next to the Town Hall and close to the Telecenter and the Culture House in the very center of Frómista. It consists of two floors: In the ground floor, there is the Youth Information Point, a facility with three computers, two tables, bulletin boards and cabinets with information of all kinds for the youth.

In the upper floor there is a large room with sound equipment, audiovisual and workshop material, etc. This room is used to perform various workshops in the leisure time, lectures, movies, games, etc. In general, it is a popular meeting point, where the youth can conduct all different types of activities. It is possible to issue youth cards and share employment information. In addition, one can also find a small gym, where one can do various exercises.

DESCRIPTION OF THE "RESIDENCE VILLA DEL MILAGRO"

The residence "Villa Del Milagro" is a communal residence, run by the Town Hall of Frómista and the NGO "Mensajeros de la Paz".

Around 30 residents, 24 independent and 6 in need of assistance, live there coming from the town and the surrounding villages in the district. Together with the staff they form a "family."

The staff of the residence is made up by 10 people who believe in two different religions, two of the ATS / DUE, and an animator, working for the elderly people. In addition, there are specialists who are part of this social intervention, and the social workers and socio-cultural animators from the Center for Social Action (CEAS) of Frómista.

DESCRIPTION OF THE CULTURE HOUSE "PILAR PULGAR"

This building is centrally located next to the Town Hall and has two floors and an access for physically disabled people.

On the ground floor, the library is located with more than 8,000 books, a wide selection of DVDs, magazines and daily newspapers. Right by its side is the Telecenter, which has ten computers with Internet access and free wifi for all visitors of the "Culture House". Additionally, one can find printers and a copy machine.

On the top floor, there is a large multipurpose room that serves as a showroom and a place to perform various annual activities, such as painting, Pilates, lectures, courses, etc.

DESCRIPTION OF THE KINDERGARTEN "PROGRAMA CERECAMOS"

The Kindergarten is located in the public school "Pablo Saenz", and consists of a large room that has cribs, tables, chairs, games, changing table, toilets, and more.

It offers the best opportunities for children to:

- 1 - Gain self-understanding (curriculum area identity and personal autonomy)
- 2 - Increase their cultural and environmental knowledge (curriculum area of physical and social topics)
- 3 - Communicate better (curriculum area of communication and representation)

There are three stages.

The basic methodological principle of the first stage (children between 0-3 years) is the GAME. Learning to ask and share, taking turns, taking care of toys and materials are the basic activities that dominate the daily routine.

Volunteers help children of this stage in one of the two different ways of activity:

- The activities related to playing games, characterized by the personal interests and pleasures of the child. Care, play and education through various activities take place throughout the year, focusing for example on learning the colours, numbers, seasons, animals, flowers etc.
- Meanwhile the person in charge focuses on things related to the routines of daily life, focusing particularly on the aspects of eating, sleeping and hygienic behaviour.

Being within the school campus makes it easier to improve children's higher education cycles, since they are surrounded by other children, teachers, etc. As a consequence, they will see education as a common and tangible concept.

MUNICIPALITY

Frómista is a town located in the east of the province Palencia in a rural area. The capital Palencia is 30 km away. It is situated on the northern plateau at 788 meters above sea level. The main means of transport are the highway (Palencia-Santander) and the train station connection (railway line Madrid-Santander). The municipality has a population of 840 inhabitants, of who 240 are young inhabitants between the ages 10 and 35. The population increases in the summer months. Its climate is Mediterranean, with very cold winters and warm summers. There are significant temperature changes between day and night time, temperatures ranging between 0 and 10 degrees in winter and from 15 to 25 degrees in summer.

Most of the population is employed in the agricultural sector, but there is a considerably growing service sector, with a development of rural tourism initiatives as Frómista represents a rural town known for its history, both for its iconic Romanesque church, San Martin, and for being the cross point between the Camino de Santiago, Christian pilgrimage route to Santiago de Compostela, and the Canal de Castilla, the historic waterway from Alar del Rey in the north to Valladolid in the south.

Furthermore, it has other interesting attractions: The Church of San Pedro, which has a Art Museum, the Church of Santa Maria del Castillo declared as of cultural interest where there is a permanent exhibition "Vestigia Legend on the Road", and a Museum of History and Ethnography. This makes it a place of interest for an average of 60,000 visitors a year.

As mentioned above, the public service contains few associations in the town.

Other services available to the municipality are: a health center, a fire station, a railway station, buses, bars, hostels, restaurants, hotels, hostels for pilgrims, a tourism centre, cottages, bakeries, hairdressers, a fish shop, a cheese factory, a butcher, supermarkets and food stores, etc.

ACCOMODATION

The accommodation consists of a house located in the town within the public school facilities, which is the property of the municipality. This house can host all the volunteers, providing an individual room to each volunteer, a comfortable living room, a kitchen and a bathroom. Everything is fully furnished. The facilities include hot water, a heating system and wifi.

Proposed activities for EVS volunteers:

Proposed activities for the volunteers' EVS:

As a Host Organization, we offer our hospitality, a village, where all neighbours positively welcome young people who "live out" their experience with us. Another goal we pursue is to get young people to acquire knowledge, skills and competences, being aware of the added value of the experiences they will provide. We provide a better understanding of the diversity of our common European culture, our heritage and our shared common core values.

Volunteers play an active role with members of the community, bringing new ideas and enriching personal experiences through the "differences" that we show them. We have an enrichment that crosses borders, which brings us closer to our different cultures.

Volunteers will collaborate in the project by the help of a local authority in a timely manner. They will be given intensive training in both the language and the culture and customs of the municipality and will facilitate their adaptation to society. Furthermore, we will give them the necessary tools to cope with the tasks that they will have to develop once they are integrated and know our language.

Their helpful and supportive activities will help them acquire skills and social competences, of personal and linguistic kind.

With the help from the local host organization, the volunteer will integrate into the local life, both with other volunteers involved in the project and with young people and others in the town. In our efforts to raise awareness of the social and cultural reality and achieve integration for the youth, we are highly aware of what the volunteer will bring into our lives.

The volunteer can participate in the socio-educational, cultural, sport and entertainment activities that are organized, with the ultimate goal of their integration in our local community. Additionally, he or she can be in contact with other European volunteers from nearby villages and former volunteers who have chosen to stay.

The Linguistic training will consist of Spanish classes taught by a specialized teacher, content and number of classes will depend on the level of knowledge the volunteer has, having the longest duration in the first two months and in the remaining months the emphasis will be on the conversation. In addition to language training, cultural training will be provided by a tourism professional, about customs and traditions, history and media knowledge.

The volunteer will be supported personally by the tutor, solving the problems that may arise, with more hours together at the beginning of the project, and then have more independency, but the tutor will be available for anything. There will be a weekly meeting to organize and evaluate the work.

The activities that the volunteers will have to take part in will be carried out in several places:

- PIJ Youth House, open during the summer season, in morning and evening, which will have to support and collaborate on tasks and leisure entertainment, sports, summer school, swimming pool, cultural and information, along with the Social Educator with youth and children.
- Elderly Home, activities carried out by the Socio-Cultural animator usually in the mornings . These activities will aim at the leisure time, self-help and self-improvement.
- Municipal Tourism Office, together with the tourism professional and/or guides, giving tourist information to visitors and pilgrims, attending trade shows and events, making some visits and/or guides for the most important monuments, website translation, etc. The times are morning and afternoon, from May to October is the time where most visitors and pilgrims are here. Furthermore, the volunteers will attend the Cheese and Craft Fair which is held in July on the occasion of the celebration of Santiago.
- Culture House, Telecenter and Library, together with the Social Educator and trainees, open year round during the morning and afternoon, helping in the task of teaching new technologies to children and adults who begin their adventure with computers and the Internet and bringing reading and love of books to the

entire population.

-Nursery, during the school mornings for two hours and half, helping the kindergarten teacher in the recreational and educational tasks that are performed.

Activities will take place five days a week in the mornings and evenings, including language training. The volunteer will have two days of the project each month.

Here follows details of the activities in which they will participate:

A) IN THE PIJ YOUTH HOUSE:

1. - Informative Activities, The volunteer will learn the operation of a Youth Information Point, supporting the tasks with the Youth Reporter also held a press pack, selecting the most relevant news on youth, employment and tourism, disseminating information more relevant to young people through bulletin boards, important points in the village and strategic sites such as shops and bars. Update the Volunteer Blog on the website: www.fromista.com. Collaborate with the School AMPA in a workshop with children on the Local Radio: www.ondajudia.es 2 times a month.

2. - Cultural Activities, learn how to plan activities with the Social Educator, after meeting with local groups to share through the publication of a monthly magazine. And assist in the planning and participation of some of them such as: courses, lectures, cultural workshops, reading promotion, reenlightenment of traditional games, video-forum, etc..

3.-Sports Activities, collaborate in conducting sports tournaments and participation of both summer and winter, with the animators of leisure time. As canoeing, badminton, pilates, soccer, tennis, swimming, table tennis, etc. Besides helping out in the municipal gym in a timely manner.

4. - Animation activities and free time, the volunteers along with the social educator and facilitators or trainees hired sporadically. They will conduct activities for the youth and children throughout the year, particularly summer school, summer library, tours, meetings with other young international people of the province, movies, crafts, Internet in the Telecenter, educational workshops, encourage reading, etc.

B) IN THE ELDERLY HOME:

1. - Awareness Activities,

- . - Assist in the support of and walks with the grandparents.
- . - Listen to the residents and encourage their interaction.
- . - Reading newspapers and books.

2. - Depending on whether they are valid or less valid there are following Animation Activities:

If he or she is a VALID RESIDENT, accompany them outside the center, go for daily errands, medical or entertainment (rides, cultural activities in the local community), or inside the center on the dynamics entertainment conducted, group integration, mitigating loneliness, interpersonal issues etc. The volunteer continually adds its cultural imprint with his or hers everyday personal skills and we make up the difference with the – occasional – work by a volunteer in this area.

When it comes INVALID RESIDENTS, all tasks leading support to meet their physical and mental deficiencies (communication, reading, relationships etc.) always looking to enhance the welfare of the residents.

ACTIVITIES PERFORMED BY VOLUNTEERS (These are indicated activities, that may change depending on the situational circumstances, to meet the demands of the residents of the Elderly Home, within the typology described in some constructive activities, while others will carry them out together or coordinated in common areas (lounges, fitness and recreation areas).

A) Accompaniment:

§ Outputs abroad for administrative, medical visits, shopping, visiting neighboring residents of their home towns, etc .

§ Accompanying Workshops, gym, dining, entertainment, recreation, gardens, outdoor terrace.

B) Support in the preparation of the celebrations of the Center: Christmas, Carnival, Easter, birthdays etc. Volunteers will have full autonomy to develop activities that demonstrate their skills and the cultural heritage of their region or country.

C. – TOURISM OFFICE

Cultural and Tourism Activities:

- . - Participation in the organization of festivals, such as the Carnival, Fiesta de San Telmo, patron of Frómista in April, Santiago Fair in July, Celebration of the Virgin del Otero, patroness of Frómista in September and planning and implementation of Christmas.
- . - Knowledge of the local cuisine through the wineries, cultural dinners and attending a dinner given by the city of St. Agatha's Day in February and the invitation by the Chamber of Agriculture on the day of S. Isidro, May 15.
- . - Making some excursions in the province along with specialists in Tourism, visiting the most emblematic places as well as the villages.
- . - Supporting the translation of Frómista's website, in the languages of the volunteers, to visualize/advertize our town and offered activities to the world.
- . - Informing and Advising the pilgrims and travelers, at the municipal office, along with other guides.
- . - Collaboration Projection, activities with the Camino de Santiago to be developed by the Municipality, in a timely manner, in advising the pilgrims upon their arrival in Frómista, do any tourist guides with them, showing the most emblematic locations, etc. In order to improve and further develop the Pilgrim route/St. Jakobs Way.
- : - Collaborating writing in the BLOG <http://svefromista.wordpress.com/> and the website of the Municipality: www.fromista.com

D. – CULTURE HOUSE

Training Activities: volunteers may participate in courses offered by the Municipality for all people on new technologies, painting, art, consumption, etc.

Learning Library System of Castilla and Leon Libraries Network, to learn how to catalog books, loan returns, search, produce cards, etc..

Activities to encourage reading and new technologies in the space of the telecenter.

E. - NURSERY

Learning activities related to the game, to educate through various activities throughout the year, always focused on learning colors, numbers, seasons, animals, flowers, etc.

Learning to ask and share, take turns or times, collecting and taking care of toys and materials are the basic activities that permeate all daily routines.

ACTIVITIES WHICH THEY CAN PROVIDE

The activities that volunteers can provide are included within the section: "Dissemination of European

Culture" and are:

- Briefings in the school, the Elderly Home and Culture House , about traditions, geography, culture, education, food, etc., of their country. Through use of power point presentations and/or through murals, radio, etc.
- They will also have the opportunity to write articles, and to be interviewed in the radio, and collaborate in various workshops organized from the School AMPA, to San Cebrian Foundation, Rojilla gathering and Tejera Youth Association.
- Teach or develop gastronomic of their country to the youth and children or when they go to the Bodega.
- Cafe-Tertulia languages, depending on the origin of the volunteers, and once adapted and mastering the language, volunteers may perform language classes.
- Creating a Personal Journal and updating the BLOG, in which the volunteer will be writing daily anecdotes, experiences and learning, providing photos. Which will serve for their personal development and to disseminate their experiences to other young people.
- WHEN PLANNING AND PERFORMING ANY ACTIVITY, TAKE INTO ACCOUNT THAT THE CONTRIBUTIONS AND PERSONAL REVIEWS OF THE VOLUNTEERS DEPENDS ON THEIR SKILLS AND CONCERNS.

IN NO CASE MAY THE TASKS REPLACE PAID OR BUREUCRATIC WORK, OR HAVE PROFIT IN MIND.

They are essential activities of support and collaboration, under the tutelage of staff of the Municipality, who are responsible.

In principle, the volunteers who are selected (considering his or her will, profile and ability to adapt) will be directed to the areas of youth and children, culture, tourism and elderlies, rotating between them in all activities, as in the cultural diffusion and training. We always intend a search for the enrichment of young person and the project.

Finally mentioned is that the Municipality FACILITATES THE VOLUNTEERS' FREE ACCESS TO THE MUNICIPAL FACILITIES, such as the swimming pool, the library card, the telecenter, etc. And THE TRAINING COURSES.

Volunteer profiles and recruitment process:

We prefer young people who are highly motivated and are looking forward to this experience and who like the rural area and living in a small town, because sometimes they bring the idea that Spanish life always is like in the South of Spain. They should have great enthusiasm, are eager to learn and share their knowledge. Although there is no ideal profile, maybe it is better if they have some social skills in working with children, the youth or the elderly people. We look at these sectors of the population with a certain sensitivity.

Normally, when reporting on vacancies, the first thing we do is to inform the Entities and Associations with which we cooperate or have a relationship, if they have any volunteers interested in our projects, as this helps us sending our youth to their countries. Day by day, as we receive emails from interested volunteers or organizations who ask us questions about our projects and possible vacancies, we communicate both via email and by phone, and finally if we have not got any volunteer we communicate to the Department of Youth of Castile and Leon in Palencia to disseminate vacancies through the Web, through Europe. This way our vacancies are published in International Bulletins, etc.

Normally, those volunteers who come into contact with us via email, explain and write about their current situation, their interests, and attach a motivation letter and CV. After an exchange of information, we usually get in touch with them via Skype or via their sending organization. For exchanging and sharing data or getting more information we use the social media, Facebook, twitter or Skype. Skype we also like to use for interviews.

Our projects are not considered as a replacement of existing jobs. The Municipality has several specialists in various fields: the youth, the elderly people, the tourism, the employment field, etc., so that volunteers

support and collaborate in these areas and attempts to acquire skills that they will be practical for their futures and careers. Sometimes we would like them and at the same time we give them the chance to initiate own activities and take over responsibility, but these activities are always supervised by specialists. They always remain a part of the multidisciplinary team.

Number of volunteers hosted:

Number of volunteers / as welcome / as:

Routinely the optimal number is THREE. While, on the occasion of a special event accompanied by good weather, and taking advantage of the existence of two city-owned houses, and in the pilgrims hostel, there can promptly be a number of up to 10 volunteers.

Risk prevention, protection and safety:

Prevention of risks, security and protection:

In order to prevent situations of crisis it is necessary to having organized things well before the arrival and having communicated all the information about the project. Thus unpleasant surprises are avoided. They will be given the phone and email of the guardian and the EVS responsible person in case they have an issue during the trip.

Once the volunteers reach Frómista, they are enrolled in the register and are issued in the case of non-EU residency a special card or tax identification number so that they are completely legal in Spain. They are able to open a bank account where they transfer the money amount from the agreement and thus acquire a credit card to use in their travels through Spain. It also advises and accompanies them to get a Spanish phone card.

On the Web: www.fromista.com there are all the information and data for emergency calls: Frómista Health Center, 112 Emergency, Provincial Hospital and Civil Guard barracks in the town as well as other topics: train, bus regular line, planes, etc.. In addition, one can find the email address of responsible from the region Castilla y Leon in Palencia and Valladolid. At home they have a bulletin board with all of these numbers in case of emergency.

We also find it important to put them in contact with other European volunteers from nearby villages and former volunteers who have been living in our province. The social networks help a lot in this case, through Facebook.

They have daily access to internet at the Youth House and in the Telecenter besides there wifi for using laptops. Thus they can keep daily contact if they need it, especially at first, with their families and friends back home.

Finally they are informed about/or receive a youth card or Youth Hostelling Card, etc... for greater enjoyment and saving money when traveling.

Of course, from the beginning there is the tutor who will help in their integration in the community and with the other staff and will provide:

- Notes on AXA, as joint consultations, billing ...
- Channeling complaints, conflicts ... through the tutor, responsible and employees of the City, treatment will be provided with the heads of the Board.
- Psychological help - referred to the psychologist and social worker; the Social Action Center of the City.

It's a small town, and proximity helps operate smoothly, because everything is close and they then control the sites, and the references in the first instance.

Motivation and EVS experience

The Town Hall of Frómista is motivated to host volunteers through the European Voluntary Service program all year, in order:

- To work for the benefit of the community in all areas, to improve the quality of individual and collective life such as local and regional.
- To enhance communication between different young European citizens in order to improve their understanding and creating bonds of cooperation.
- To promote a set of values and beliefs that unites our differences.
- To bring Europe to young people and make them feel useful by encouraging participation in different spheres, such as political, social, cultural, etc.
- To bring Europe to the rural life and enable an intercultural exchange between our youth (situated here and in Europe), youth from other countries, and with our elderly people. By this we open borders and become more open to proposals from outside.

Frómista is a rural community in a disadvantaged area. Here one can find a massive rural exodus of young people leaving to the cities and other communities to search for work or better opportunities. Furthermore there are few associations, no high gender equality and a big aging population, etc.

The Town Hall intends to generally improve the life quality of all people, especially by working with following groups:

- Youth and children, through the policies promoted by the Youth House, Kindergarten, and Culture House, with various actions.
- Elderly people, through intergenerational dialogue, age, training, etc.
- Europe, through the presence of the Camino de Santiago and its significance.
- The volunteer, as a way to exercise citizenship and engagement with Europe.

As a coordinating, sending and hosting organization of volunteers, the Town Hall of Frómista aims to bring young people and the local community closer to an exchange of experiences, cultures and traditions through the European Voluntary Service Program. Not only by receiving volunteers, but also by giving volunteers the opportunity to share our culture and traditions with other places. In our opinion, this is the recipe to a successful exchange and intercultural learning.

Furthermore, we seek to ensure that the volunteer learns the Spanish language and culture, and in general matures as a person. Participating in a volunteer program in another country will help the volunteer's professional and personal future. Additionally, these kinds of initiatives will help us build relationships with other organizations for future youth exchanges and an insight into their work.

The Town Hall has worked with the EVS program and other actions, such as exchanges and seminars, since the beginning of the program. More concretely, since we started in 2001 with the Action 2, EVS, we have received 45 young volunteers from 17 different countries, and sent 14 youngsters to 10 countries. We are currently accredited with the reference 2010-ES-47.

In the new Youth in Action Programme, we believe it is necessary to be accredited as a COORDINATING ORGANIZATION, HOSTING AND SENDING in order to keep providing continuity to the youth that wants to participate.

How?

Primarily, it is important that once we have selected the volunteers, the duty is to be well informed and to provide all information about the project, the upcoming activities and the community in which they will live. To do this, the volunteers will be provided with the website and will be personally informed by email about the issues of socio-cultural interest in Frómista and Spain.

Equally, when there are conditions to structure a more ambitious project, for example a group project with organizations and volunteers with more motivated attitudes, the next step for the Town Hall will be to focus on further involvement in coordination, dissemination and exploitation of results.

Moreover, the sending organizations will help to plan the volunteers' travels from their location to Frómista.

Before departure, the Sending Organization, will provide an intensive training course of Spanish, and furthermore inform about formalities such as AXA Insurance, Youth Card and other necessities for the volunteers.

When they arrive, the volunteers will be given a language training to learn or improve their Castilian. They will be integrated into the local community through the work of the tutor and in the local multidisciplinary team, by being invited to all the acts that our institution organizes.

Regularly, we organize meetings between tutors, volunteers, and responsible for activities. Additionally, we inform about the progress of the project to the Sending Organization.

As a Coordinating Organization, we will manage the project budget, and transfer the administrative and travel expenses to the sending organization or volunteer. We will help with the administrative bureaucracy if volunteers want to stay with us.

We publish their personal experiences through a blog on the following website:
www.svefromista.wordpress.com.

We edit brochures, magazines and newsletters to provide a greater diffusion between future projects.

We prepare the final reports between the organizations.

We edit the Youthpass.

We will establish a future connection between the organizations to continue collaboration in the future with the EVS Program or other actions within the Youth in Action Program.

Description of the organisation

The Sending Organization will provide support and guidance when the volunteer returns to his or her home country, to ensure that the volunteer does not feel lost or disoriented after their long-term experience.

We want to highlight that we are also able to, depending on the cases that arise, plan a visit for representatives of the different organizations in Frómista during a weekend.

The Town Hall of Frómista offers its population a wide range of possibilities to improve development in different local fields, by using specialists and their support and commitment to the EVS projects.

Children; they are of high importance for rural population in Frómista, that is why there is a kindergarten in which a specialized teacher is responsible for their care and education.

Youth; A Social Educator carrying out activities in different areas: training courses, cultural activities, sports activities, leisure and recreation, awareness days (environment, tolerance, peace, sexuality, etc.) and information through the Youth Information Point.

Additionally, the Culture House has a library and a telecenter, a place with ten computers, where new technologies are open to the public and where training courses are offered.

Seniors; they are very important in this type of rural region, which has the support and encouragement through the Centers for Social Action (CEAS) with a Social Worker and a Community Partner Animator.

Tourism; showing the rich, artistic heritage and the Pilgrim Way "El Camino de Santiago", with several technicians in this area and guided tours in the spring and summer season.

One way to contribute to the local development is the European Voluntary Service, which improves the quality of rural life with the volunteers' personal contributions and where they can have an exchange of experiences. Their continuous arrival in this village means a constant window to Europe.

In general, the program activities include the following areas:

- Cultural and Tourism Activities favouring the spread and dissemination of culture, cinema, theatre, music, folklore and tradition.

- Artistic Activities, favouring creativity and cultural initiative, through promotion of theatre groups, music, literary creations, cultural magazines, concerts, competitions, workshops, radio, etc.

- Training activities, favouring the educational, cultural and professional encouragement of the people in the municipality. General education courses, cultural weeks, cultural lectures, meetings and days of study and encourage readings.
- Leisure Activities and Free Time, with a comprehensive program in The Summer School to fill the leisure time with entertainment and fun in the company of others, championship games, evenings, etc.
- Informative Activities, through the Youth Information Point. Considering that information is essential to improve the quality of our lives, as we through information can obtain the same opportunities as other people who live in big cities.
- Sports Activities, as a way to process problems and stay fit.

Etc.

The sectors involved are: Old people, children, young people, tourists or pilgrims, women, unemployed and associations.

Contact Point

Organisation: Ayuntamiento de Frómista

Address: C/ Plaza del Tuy, nº 6

Postal code: 34440

Town: Frómista

Country: Spain

E-mail: ayuntamiento@fromista.com

Phone: 0034979810001

Fax: 0034979810199

Contact: Ms Soraya Plaza Aparicio

Last update: 25/10/2013

[<= Go back to search Form.](#)