

**European Volunteer Service 15/04/2018 to 15/10/2018
in Turin and in Alta Langa, northern Italy**

**“Become part of something bigger with
Banca del Fare”**



EVS INFOPACK

This is your guide through the project and your role in it, explaining the activities and giving you informations about your stay and our organization. If you have more question contact us, we are looking forward to meeting you!

Contact:

Nadia Battaglio, Tutor
bancadelfare@gmail.com

Mentor

The project:

Description

Main Activities

**Working hours and
Holidays**

The stay:

Travel

Local transport

Food and accomodation

Pocket money

Health insurance

About us:

Hosting organization

Coordinating organization

Sending organization

WHO?
2 volunteers

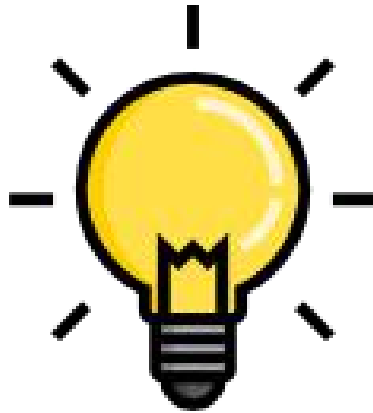
HOW?
Erasmus+

WHAT?
EVS

WHY?
Learning
Experience

WHERE?
Turin and
Alta Langa

WHEN?
april 15th to
october 15th,
2018



THE PROJECT

The Parco Culturale Alta Langa is a non-profit territorial association situated in Monesiglio, northern Italy. PCAA is working on **social promotion and education**, and created the Project **Banca del Fare** to preserve the ancient knowledge of making and maintain the local rural buildings, made using stone and chestnut wood, materials available on the land itself.

Banca del Fare is a summer school, offering educational workshops which are not only theoretic or academic, but actual construction processes.

The volunteers will be involved in the Banca del Fare activities according their abilities and interests, and they will be encouraged to bring in their previous experiences and creativity.

WHO?

2 volunteers from Spain and Hungary

WHERE?

Turin and Alta Langa, Piemonte, Italy

WHEN?

Six months, from the 15th of April to the 15th of October 2018

SKILLS AND COMPETENCES

The volunteers will get the opportunity to develop and improve their:

- language and digital skills
- teamwork and networking
- decision-making and managerial skills
- effective communication
- manual abilities
- planning abilities
- empower self-esteem and entrepreneurship



General activities



The tourism/hospitality oriented volunteer will be involved in:

- Welcoming the newcoming students,
- Helping managing the school' s hostel and cafeteria,
- Planning school trips and events,
- Writing new procedures to improve the hospitality service,
- Planning and running special events to promote the knowledge of the school's activities in the area.

The architecture/design/graphic oriented volunteer will take part in:

- Workshop designing,
- Researching materials and techniques to integrate the traditional ones,
- Helping with the building site logistics,
- Creating graphic works to promote the school' s activities,
- Help designing the interventions on the buildings,
- Help drawing the project.

Beside the specific tasks listed above, the volunteers will take turns to help with the daily chores:

- Cleaning the common spaces of the campus,
- Setting the tables and washing the dishes,
- Operating the disposal of the garbage focusing on recycling,
- Going to get groceries with a supervising Tutor,
- Documenting the school' s activities with pictures, videos, and filing all the material.

The Banca del Fare is proudly running an **organic vegetable garden**, and the staff, volunteers and students share the task to take care of it.

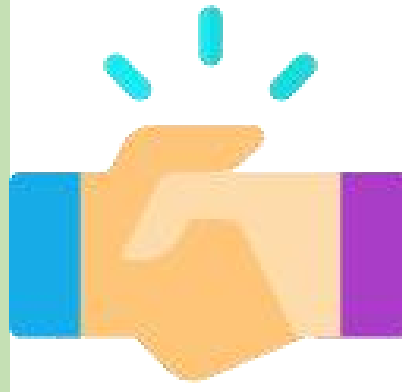
The volunteers may be involved in other projects run by the Association, such as the **Hostel** in Monesiglio, the **Turist Office**, the **maintenance of the Trails**, **outdoor movie projections** and **special events** involving the local population.

Phase 1 - Get to know



The volunteers will **live in Turin**, meeting the staff for introduction meeting, training, planning sessions, helping drawing the project, helping designing the interventions on the old buildings, creating graphic contents.

They will start a **language course** and have the opportunity to experience the city, rich in culture and history.



Daily schedule - phase 1
Morning: italian lessons, office work
Afternoon: data management, planning.



The volunteers will have a **TUTOR**, who will often work with them and introduce them to the activities.

The volunteers will also receive support from a **MENTOR**, who will help them in their daily routine, introduce them to the new environment, help them with their learning processes and facilitate in case of misunderstandings and difficulties.

Phase 2 - Let's get started.

The volunteers will **live at Cascina Crocetta**, Banca del Fare's campus, being part of the team dealing with the students, planning the workshops and managing the daily life in the campus.



In this phase the volunteers will be organizing **social activities** for students and not only, getting in touch with the local culture, and improving **communication and language skills**.

Daily schedule - phase 2
Morning: italian lessons, office work
Afternoon: chores, assistance in the workshops

Working hours

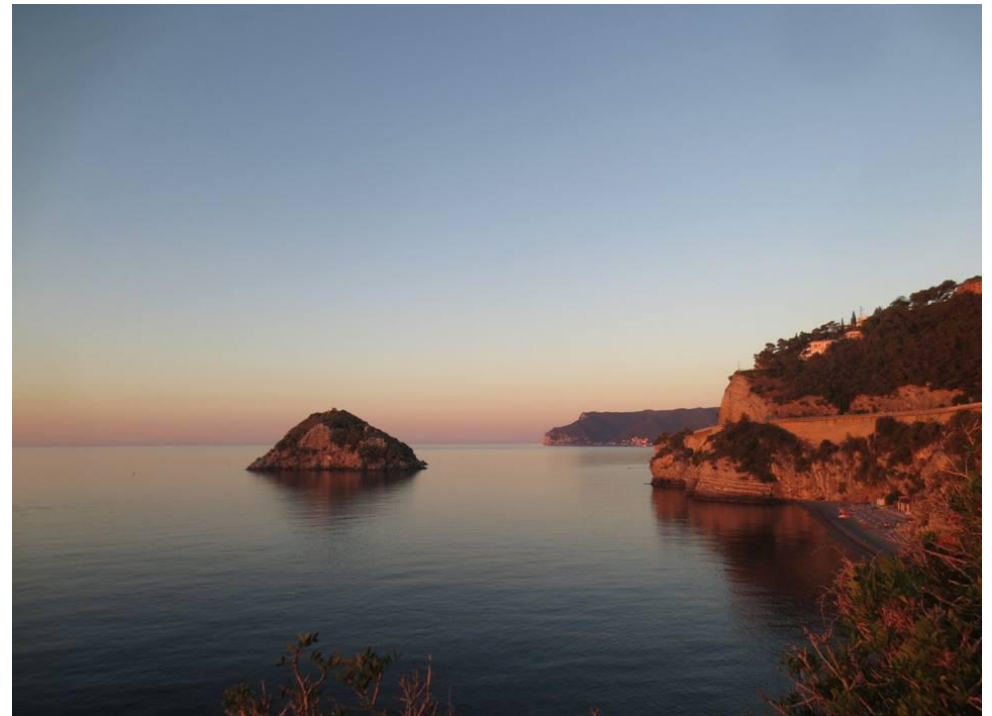
5 working days a week, for a maximum of 35 hours.

For the **turism/hospitality oriented volunteer**:

from Wednesday to Sunday

For the **architecture student volunteer**:

from Monday to Friday



Holidays

- 2 days off each month of EVS;
- The volunteers can spend them as such, or consecutively (by collecting them);
- The holidays and the days off can be used only after discussed and agreed with the tutor.
- The national holidays are non-working days besides the weekends and the holiday days;
- You can find a table of the Italian national holidays 2018 on line.

The Housing



Phase 1

The association will rent a **shared room in apartment** for the volunteers in the city centre.

During this time the volunteers will be responsible for buying and cooking their own food, for which they will receive 7 euros per day. They will receive a pass for the bikesharing city service.

Phase 2

The volunteers will be staying at the campus, Cascina Crocetta, and **accomodation, breakfast lunch and dinner will be provided**. The association will be in charge for the local trasportations.

Cascina Crocetta offers an hostel with 20 beds, 8 bathrooms, a cafeteria offering cooked meals for breakfast, lunch and dinner, a laundry facility, a wood oven, an outdoor projector, a beautiful yard to enjoy bonfires and host musical events.

What to bring:

- Laptop (if available)
- Your personal documents (ID card, passport...)
- [EHIC](#) - European health insurance card (if applicable)
- Medicines (if needed)
- Clothes & shoes, don't forget something warm for the Alta Langa nights!
- Safety shoes if available.



More informations:

How to get to Turin and to Alta Langa

The budget for the round trip is limited to €275.

→ **Torino Caselle Airport:** there is a bus running to the city centre:
by bus to Porta Nuova - fare €6.5 - [Sadem](#)

→ **Milano Bergamo Airport**
by shuttle bus to Corso Vittorio Emanuele
- fare ~€15 - [Flixbus](#)

→ **Milano Malpensa Airport**
by shuttle bus to Porta Nuova - fare €22 -
[Sadem](#)

To **get to Alta Langa from Turin** you can get the train from Porta Nuova station.
The ticket will be provided by the association.

You will need to arrange a meeting time to be picked up at the train station in Saliceto.

Food allowance and Poket Money

- 7euro/day food allowance for the time spent in Turin
- 115 euro/month for the duration of the EVS

Local trasportation

During your stay in Turin you will have access to the **bike sharing** city service, provided by the association.

While staying in Cascina Crocetta all the **local trasport will be provided** by the association. The local public transport is poorly developed in the area. The volunteers will arrange with the Tutor the pick up at the train station for their days off **in advance**.

Insurance



The volunteers are insured through the Cigna Insurance Plan; when working on the building site a **specific insurance** will be issued by Banca del Fare.

Coordinating Organisation **Eufemia**

Associazione di promozione sociale Eufemia is an association active in the cultural and educational field, with a strong focus on youth. Since 2010, a group of young professionals, together with the volunteers and the members, are all committed to support the process of European integration. Through lifelong learning, non-formal education, intercultural dialogue, exchanges and networking, Eufemia aims to develop active citizenship culture, educational programmes in the European context (especially in the field of Youth), to promote equal opportunities and social inclusion in the local community and within the Erasmus+ Programme.

Sending Organizations

In order to apply to this project contact the sending organizations:

for Spain **ACCION BALEAR :**

We are a non-profit organization based in Palma de Mallorca (Spain).

We work within the field of International Cooperation, Youth and Volunteering.

Our mission is to promote the mobility of people within the international field.

Our aim is to promote social awareness, through experience and through participation of volunteers in solidary projects on the ground. (contact person **Maria Antonia Sancho Serra** ma.sancho@accionbalear.org)

for Hungary **Szatyor Közösség a Környezettudatos ÉletmódTámogatásáért Egyesület :**

Our aim is to draw attention to sustainable living, conscious consuming and community building. As an alternative eco-conscious association it is important for us to integrate healthy lifestyle, local , seasonal, organic and fairtrade approaches into our everyday lives. Throughout our programmes we intend to build a community by bringing people closer to nature and to natural food producing. (contact person **Adrienne Sebestyén** evsszatyor@gmail.com)

Send your CV in English or Italian, and your motivation letter.

We will contact only the candidates that we will find suitable, asking for further Skype interview.

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